

## **Giving Up Everything is Gaining Everything**

By A Western Practitioner in the U.S.

If how much you give up is how much you will gain, then giving up everything is actually gaining everything. If everything was created and is within Dafa, then by giving up everything and completely assimilating with Dafa you are gaining everything within Dafa. If you give up everything and become a particle of Dafa by assimilating with Dafa, then you will hold all the power and brilliance within Dafa. If you are a particle of Dafa and your heart is truly righteous, then absolutely nothing can suppress you and what is unrighteous will dissolve within your brilliance.

Master said: "Instead of [just] studying the Fa, a veteran Dafa disciple today should truly regard himself as a particle of Dafa—while studying the Fa, he should at the same time play the role of a Dafa particle. Doing something for Dafa is the same as doing something for himself. This is the true state, at this time, of disciples who have come through this tribulation."

Upon reading these words by the Teacher, many things that I couldn't grasp before all came together—I am a particle of Dafa. When cultivators truly realize what this Dafa is, we devote ourselves to completely filling this magnificent Dafa within us. We spend countless hours reading, studying, and memorizing these great works by the Teacher that teach us how to assimilate to the nature of the universe. We know these works inside and out, and everywhere we go we hear the Teacher's words guiding us through this human maze of confusion. Why do we do this? To completely assimilate with and become a particle of this Dafa that is rectifying everything, saving what is righteous and eliminating all that is not.

Through our cultivation we are becoming a particle of Dafa; a particle of Dafa is part of the boundless power of Dafa. When we truly regard ourselves as a particle of Dafa, we are a part of the boundless power of Dafa, and nothing can restrain us. When we cannot truly regard ourselves as a particle of Dafa, then we are in a dangerous situation and demons will viciously grab hold of these attachments in an attempt to control our magnificent enlightened side that has already assimilated to Dafa.

Master said: "This is different from the state of mind of veteran disciples prior to April 25, 1999, when how to study the Fa well and how to obtain the Fa [were key]. That time was about studying and obtaining the Fa; now, in addition to studying the Fa, it's about playing a Fa-validating role when evil persecutes the Fa. He who comes through with determination is a member, a particle of Dafa, and is one who has taken part in the Fa-rectification. He should know how to handle things, and he shines with pure radiance no matter what environment he's in."

When I did Hongfa and Dafa work in the past, I would often mistakenly use my human side to do this, and would frequently run into dead ends. I would give people flyers and sound almost like a salesperson trying to sell Dafa. I would practice in the park and think: "Why aren't these people paying attention, don't they know what they're missing?" Through further cultivation, I realized that it was my human side that was preventing them from paying attention, and I should go about Hongfa without human attachments restricting others and myself; the results were better, but still not great.

When I realized that I was a particle of Dafa and was suppressing this boundless power that I had already cultivated out, things took a remarkable turn. When I practiced in the park, I would enter into tranquility and not let any human thoughts or attachments rise up. Upon doing this, people would stop and watch in amazement. Many took flyers and would ask me about the practice. I have never been much of a talker, but when I gave up this attachment and spoke as a particle of Dafa, people were enthralled by the practice and appalled by the suppression in China. One time in a restaurant, a practitioner and I heard someone saying bad things about Falun Dafa. The other practitioner got upset and didn't know what to do, but without thinking I walked over and gave them some Dafa materials. They had no more bad things to say after learning the truth. As long as our heart is righteous and pure, what cannot be accomplished with this boundless power?

When evil attacks and tries to take Dafa away from us, how can a particle of Dafa not stand up and face the evil? How can we, particles of Dafa, be controlled by our weak human side and let evil run rampant attempting to destroy what gave us life and boundless power? How can we not be true particles of Dafa and not destroy this evil with the boundless power of Dafa? What attachment could be so strong and deep that we would give up this remarkable chance to be a true particle of Dafa in this great historical period of Fa-rectification?

By giving up everything we gain everything; by giving up all our attachments and becoming a particle of Dafa, we gain the all-encompassing Dafa. What is there that we can't give up for Dafa? In this last chance given to us out of the unimaginable compassion of our Teacher, I will be a true particle of Dafa and give up everything to protect, spread, and validate Dafa, and ultimately completely assimilate to Dafa.

A Dafa Particle

October 27, 2000